

14B NCAC 10 .0605 AMATEURS - KICKBOXING

- (a) In addition to compliance with 14A NCAC 12 .0201, .0301, .0402, .0502 and .0601 through .0604 the following requirements shall apply to amateur kickboxing matches.
- (1) Any contestant competing as an amateur may not currently or have ever been a professional fighter in any unarmed combat sport. This includes mixed martial arts, boxing, karate, or any other form of a striking sport.
 - (2) Amateur weigh-ins must be scheduled no earlier than 12 Noon the day of the event.
 - (3) Contestants must wear footpads and shinguards as meeting requirements of Rule .0602 in this Chapter.
 - (4) Contestants must wear 10 ounce competition headgear with no jar bar or excessive ear padding. Training headgear is not allowed.
 - (5) Foot wrappings: For each foot, contestants may use soft surgical bandage not over two inches wide, held in place by surgical adhesive tape, not over one and a half inches wide. Foot wrappings shall not exceed three to four windings of soft surgical bandages around the sole and instep and no more than four around the ankle.
 - (6) Kicks below the waist are not permitted.
- (b) Matches shall be three, two minute rounds with a one minute rest period that includes a 10 second warning signal.
- (c) Kick counters shall be in neutral corners only. Each contestant must score at least 6 hard kicks per round.
- (d) The promoter of record must provide to the Division the name, address, date of birth, and social security number of every amateur contestant scheduled to compete in a program of matches. This information must be submitted no later than seven calendar days prior to the event.
- (e) A contestant shall have a minimum of five recorded amateur matches prior to being submitted to compete as a professional kickboxing contestant.
- (f) Contestants under 18 years of age may compete only in matches supervised by an Amateur Sport Organization that has been recognized by the Division. To obtain recognition, any Amateur Sports Organization shall establish and provide rules for the implementation of health and safety standards and all requirements related to the conduct of matches that are at least as restrictive as the applicable standards and requirements of the Division. Events open to the public where admission is charged for viewing must be conducted by a promoter licensed in accordance with the provisions of Rule .0402 of this Chapter.

*History Note: Authority G.S. 143-652.1;
Eff. March 1, 2008;
Transferred from 14A NCAC 12. 0605 Eff. June 1, 2013;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. January 9, 2018.*